



*The Temptation Itch*

MAY BIBLE STUDY SERIES



***Do not Scratch That Itch!***

**Lesson Eight**

**“A little sin never stays little.”**

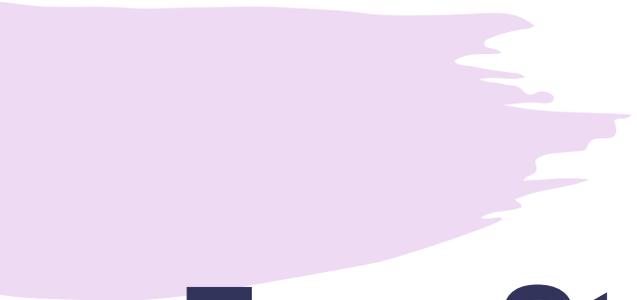
**“Most people want to be delivered from temptation but would like it to keep in touch”**

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**James 1:13-15**  
**Scripture Lesson**

**James 1:13-15, And remember, when you are being tempted, do not say, “God is tempting me.” God is never tempted to do wrong, and he never tempts anyone else. Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin can grow, it gives birth to death.**

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- 1. Temptation is Inevitable**
  - 2. Temptation is Never Directed by God**
  - 3. Temptation is an Individual Matter**
  - 4. Temptation that Leads to Sin Always Follows the Same Process.**



# **Four Steps Leading to Temptation:**

**1.The Bait Is Dropped**

**2.Our Inner Desire Is Attracted to The Bait**

**3.Sin Occurs When We Yield to  
Temptation**

**4.Sin Results in Tragic Consequences.**



# **Seven Keys to Overcoming Temptation:**

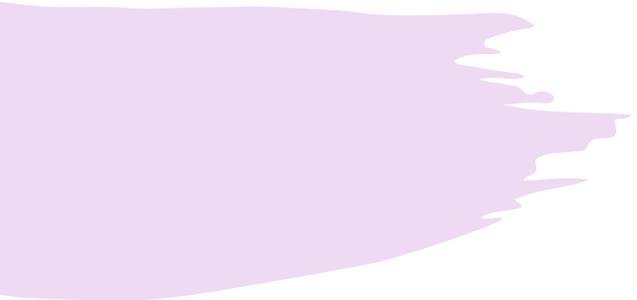


# **1. RESIST and SUBMIT**

## **James 4:7**



**2. READ the WORD DAILY**  
**Psalm 1:2**

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- 1. When We Abide, We Bear Fruit.**
  - 2. We Will Gain an Eternal Perspective.**
  - 3. We Will Have a View of God that is Tethered to Scripture.**



**3. REMOVE YOUR  
SOURCE OF TEMPTATION**  
**Matthew 5:29**



**4. REFLECT ON THE COST  
OF YOUR SIN  
Romans 6:23**

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- ✓ **Sin Always Has Consequences.**
  - ✓ **Sin Costs Us Our Freedom.**
  - ✓ **Sin Costs One His Self-Respect.**
  - ✓ **Sin Costs Our Joy**
  - ✓ **Sin Costs Having God Not Guiding And Directing One's Life.**

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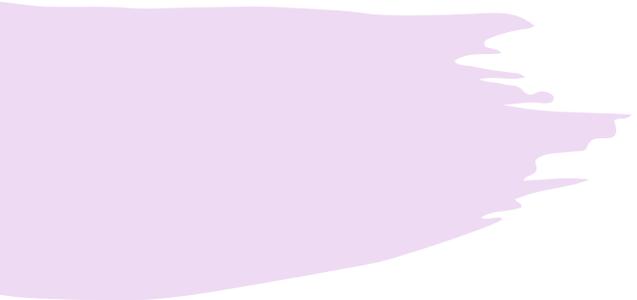
**5. RECKON YOURSELF  
DEAD TO SIN  
Romans 6:11**

# What Christ Has Already Done:

- **PAID** for all my guilt of my sin
- **PURCHASED** for me the gift of the sin-conquering spirit
- **GRANTED** all the faith and strength I need to conquer every sin
- **GUARANTEED** that I will persevere (not perfectly, but persistently) in faith to the end
- **SECURED** my future sinlessness with him in heaven

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**6. RECRUIT A TRUSTED  
ACCOUNTABILITY PARTNER**  
**Ecclesiastes 4:12**



# **An Accountability Partner**

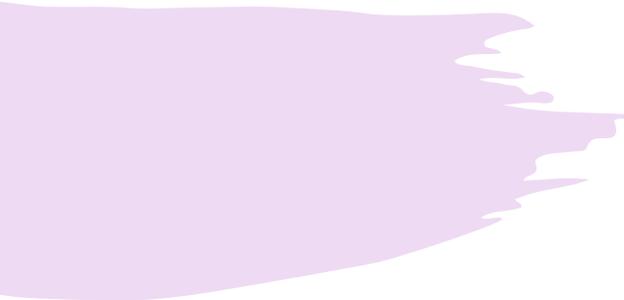
- ✓ Someone who is interested in growth.**
- ✓ Someone who will be honest with you.**
- ✓ Someone who will remember to ask you.**
- ✓ Someone who will give you grace when you fail.**

**7. REMEMBER YOU HAVE A  
POWER GREATER THAN SATAN  
LIVING WITHIN YOU!**

**1 John 4:4**

# **Remember:**

- ✓ **Satan Cannot Make You Sin**
- ✓ **Satan Cannot Hear Your Thoughts**
- ✓ **Satan Cannot Do Anything Without God's Permission**
- ✓ **Satan Cannot Control Your Eternity**
- ✓ **Satan Cannot Overcome Your Free Will**



# **Greatest Temptation Facing Christians**

**1. Materialism**

**2. Pride**

**3. Self-centeredness**

**4. Laziness**

**5. Anger**

**6. Bitterness**

**7. Sexual lust**

**8. Envy**

**9. Gluttony**

**10. Lying**

**You cannot always make an itch go away, but you can always make it worse. Wait it out, instead. For Jesus' sake.**

## **Bible Study Follow Up Chat Questions:**

- 1. What's the difference between temptation and sin?**
- 2. Why do you give in to your temptations?**
- 3. How do you feel when you give into temptation?**
- 4. If God provides a way out, why do we so often give in?**
- 5. Why is it so essential for us to believe the victory over our sin is possible?**
- 6. Have you ever heard someone say, "Keep short accounts with God?" What does this phrase mean?**
- 7. In what way (s) was this Bible Study Series helpful to your spiritual development?**